

OFF SEASON FOOD MENU



STARTERS

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| Fish Soup | |
| Atlantic catch of the day fish soup with fresh bread | |
| Tomato Soup (v) | |
| Creamy tomato soup with home grown Basil | |
| Shrimps in Batter* | |
| Shrimps fried with batter with dipping sauce | |
| Fish Goujons | |
| Breaded fish fingers served with homemade tartar sauce | |
| Shrimp Cocktail* | |
| Fresh shrimps on a bed of lettuce with seafood sauce & lime | |
| Chicken Nuggets * | |
| Chicken breast pieces deep fried in seasoned breadcrumbs | |
| Buffalo Wings | |
| Home spiced chicken wings with blue cheese dip | |
| Vegetable Spring Rolls | |
| Crispy fried spring rolls filled with cabbage, carrots & onions | |
| Vegetable Croquettes (v) | |
| Delicious croquettes with a smooth potato & vegetable inside (v) | |
| Hummus (v) | |
| Chickpea dip served with toasted pita bread | |
| Bruschetta (v) | |
| Toasted bread rubbed with garlic & topped with tomato & onion | |

PIZZAS (MEDIUM SIZE)

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| Margarita Pizza | |
| Tomato sauce, cheese & oregano | |
| ... add chicken (75) ... add seafood (D100) | |
| ... add bolognaise (D50) | |

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| Spaghetti Bolognaise | |
| Minced meat in rich tomato sauce, with spaghetti pasta & cheese | |
| Penne Carbonara | |
| Creamy Carbonara sauce with mushrooms & cheese | |
| ... add ham | |
| Peri-Peri Shrimps** | |
| Succulent shrimps in a rich tomato & onion Peri-Peri style sauce | |
| Fillet Steak** | |
| Lean & tender local Gambian fillet with peppercorn sauce | |
| Foil Baked Fish | |
| Fish of the day oven baked in foil with garden herbs | |

SIDES

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| Coleslaw Salad (v) | 110 |
| Potato Salad (v) | 120 |
| Mixed Salad (v) | 150 |
| Fries, Sautéed Potatoes (v) | 120 |
| Rice | 100 |

SALADS

| | | |
|---|-----|-----|
| Chicken Salad | 250 | |
| Marinated chicken with mixed salad & topped with sesame seeds | | 325 |
| Seafood Salad | 150 | |
| Marinated seafood with mixed salad & vinaigrette dressing | | 350 |
| Mixed Salad with Feta (v) | 325 | |
| Lettuce, tomato, cucumber, carrot & sweet corn with crumbled feta | | 300 |

BURGERS & SANDWICHES

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| Balafon Beach Burger | 300 | |
| Homemade 100% mince beef patty in a bun | | 300 |
| Chicken Burger** | 275 | |
| Marinated chicken breast fillet with lettuce, tomato & mayo in a bun | | 300 |
| Fish Burger | 250 | |
| Butterfish in breadcrumbs with lettuce, tomato & tartar sauce in a bun | | 300 |
| Veggie Burger (v) | 150 | |
| Homemade vegetable & bean burger | | 250 |
| ... add cheese | 250 | 25 |
| Steak Sandwich | 225 | |
| Entrecote steak served medium with crispy onions | | 300 |
| ... upgrade to fillet steak * | 200 | 50 |
| Thai Beef Wrap | | |
| Thai spiced beef strips & fresh salad with hummus in a wrap | | 300 |
| Roasted Vegetable & Hummus Wrap (v) | 225 | |
| Hummus coated wrap with lightly spiced sweet peppers & onions | | 200 |

All Burgers, Sandwiches & Wraps served with fries & salad garnish

MAIN DISHES

| | | |
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| Chicken Afra | 300 | |
| Chicken in a sauce of caramelised onions & mustard | | 350 |
| Chicken Yassa | 280 | |
| Chicken marinated with onions & lemons | | 350 |
| Beef Domada | 20 | |
| Traditional Gambian Peanut Stew | | 275 |
| Fish Benechin | 400 | |
| One pot fish dish topped with marinated cooked vegetables | | 300 |

All main dishes served with a choice of rice, sautéed potatoes, fries or salad (pasta dishes excluded)

DESSERTS

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| Bantaba Fruit Salad (v) | | 200 |
| Chocolate Cake (v) | | 175 |
| Ice-Cream Vanilla, Strawberry or Chocolate | | 225 |
| House Cake (v) | | 175 |

* D50 Supplement / **D100 Supplement applied if chosen on the Half Board Menu